

C and K Certificate Newsletter*

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Welcome everyone,

Well done to all those riders who attended the Clinics held at Ringwood and Wyena Pony Club during the July Holidays. We hope that you have been able to do some more work towards your K Certificate. Congratulations to Pauline Hill and Zoe Warrell who have completed the Lungeing option.

Also a great effort from several Girls who have been attending the Level 2 First Aid course. This is a big commitment, but you are learning heaps. The following riders have completed their level 1 First Aid - Shannon Harris, Wade Harris, Melissa Ball, Alica Lavery, Rebecca Paton, Denusha Boldt and Linda Swarb. Level 1 is a suitable standard for the First Aid to humans in the General Knowledge Section of C* and K Certificates. Those who pass Level 2, will have completed the First Aid Subject in Section C of K Certificate.

There are more Clinics planned for the September School holidays, at Donvale (Agility and General Knowledge), Wyena (Show Jumping) and Doongala (Cross Country) Pony Clubs, so I hope that you can get to one near you. The Notices for these Clinics have been included in this newsletter.

We hope to have a group sit their K and / or C* Written Exams this year. The date for the Exam is Saturday 6th December, possibly at Ringwood Pony Club. The approximate time for both exams is 45 minutes. On the following page I have listed a summary of topics that you need to have learnt before sitting either exam. There is an Examination Fee of \$20 for K and C*, which must be paid when booking in. These need to be booked by early October, so please ring Kerry Hill (9722 1416) immediately if you wish to do either or both exams. For K Certificate, you can do the written paper in December and complete the rest of the certificate during 2004 (eg. 40 K Ride, Agility Section and Options).

I have at least 3 riders who wish to sit their C* Written paper and also complete the other sections, namely Presentation, Riding on the Flat, Jumping, Lungeing and Horsemastership and General Knowledge. Two of these riders have already completed the Lungeing option of K certificate, ride regularly at Grade 2 Dressage level, and have jumped at State Level at C and B Grade. Please read through the requirements for C* and if you feel that you can achieve the necessary standard, let Kerry Hill, Wendy Portellie or Rachael Matthews know ASAP so that you can be put on the List.

For those sitting the Exam in December, or even next year, we will be holding additional theory nights, and Saturday riding groups in October and November, so that you will be well prepared. More information about this will be sent to clubs closer to the date. We will do our best to work around Exam times at Schools.

Some pony clubs members will have received a copy of the Leatherwork information. I have sent it out to those who attended the Leatherwork Clinic earlier this year. If you want a copy, please see Kerry Hill. There will be a \$2.00 fee to cover photocopying. The information covers leather cutting and sewing skills and equipment you may need to purchase, with a current price range.

Please note the changes of Dates for the Knotting Nights (Lead ropes and Head Stalls). This is because Kerry Hill will be away until early October.

C* CERTIFICATE	K CERTIFICATE
<p>Horsemastership and General Knowledge: Care and work of a Grass Fed Horse How to care for a Stabled Horse. Knots and their uses Knowledge of types of bits in everyday use. Clipping - know names and reason for different types of clips. Farrier's Tools & Shoeing Care and Safety of a Horse and Float</p> <p>Feed and Condition: Explain basic principles of feeding and watering. List poisonous plants and weeds in candidate's local area. Recognise good quality and poor quality hay. Name the following and explain their uses:- Barley, bran, chaff, linseed, lucerne, oats, pellets, rice, molasses, and salt Understand feeding in relation to the type of work the horse is doing. Know how to commence work after a long spell. Getting the horse fit for work and active competition. Care of the horse during and after work (includes cool down) Letting the horse down from work prior to spelling</p> <p>Horse Health: List the items found in a practical veterinary kit and equipment used for emergency situations. Know how to apply elementary first aid to horses. Know when to call a veterinarian and what to have on hand when he/she comes. Knowledge of temperature, pulse and respiration. Know when a horse is lame, sick or in poor condition. Knowledge of worm, bot and other parasite control - internal and external. Recognise unsoundness Knowledge of treatment of deep wounds and skin disorders. Knowledge of inoculation and vaccination. e.g. tetanus, strangles, etc. Be able to carry out prescribed treatment of wounds, ailments and lameness. Care of teeth Be able to tell the age by teeth up to eight years, and an estimate after that time.</p> <p>General Knowledge: First Aid to humans Knowledge of Road Rules Pony Club structure at Club, Zone and State Level</p>	<p>Horsemastership and General Knowledge: Clipping - know names and reason for different types of clips. How to prepare a horse for clipping, and after care of the clipped horse. Knowledge of structure of horse's foot. Demonstrate use of the farrier's tools. Discuss own horse's shoeing and type of shoes used. Recognise a correctly shod hoof. Know how to take off a shoe.</p> <p>Horse Health: Pulse, temperature and respiration and how to take them. Symptoms and treatment of girth gall, sore back, sore mouth, greasy heal, seedy toe, laminitis, cold, colic, strangles. Recognise when a horse is lame, sick, or exhausted Be able to apply first aid measures until professional assistance can be obtained Be able to treat deep wounds and skin disorders Fit bandages required for first aid. Programme for inoculation and vaccination for tetanus, strangles, etc. Care of the stabled and paddocked horse. Feeding in relation to the type of work the horse is doing. Worm, bot and other parasite control. Care of teeth. Telling age by the teeth up to eight years, and be able to make an estimate after eight years Starting work after a long spell Getting the horse fit for strenuous work Care of the horse during strenuous work Letting the horse down from strenuous work</p> <p>General Knowledge: First aid to humans (Level 1) Safety aspects in floating for horse and attendant Knowledge of Road Rules Pony club structure at Club, Zone and State Level</p>

The above lists are a general guide. Please revise *'Pony Club Manual No. 1'* and carefully study *'Pony Club Manual No. 2'* and *'Horsemastership for the Australian Rider'*, as they are the recommended texts for these levels. ALL PEOPLE WISHING TO SIT THE EXAM SHOULD HAVE A COPY OF THESE BOOKS.

KNOTTING WORKSHOPS

To be held over two evenings:

Cost of each evening - \$15.00

****You will be making useful items that you will can keep****

Tuesday October 14th

Demonstration of simple knots
needed for K & C*

Project - Making a lead rope

Tuesday October 21st

More knots

Project – Making a rope headstall

****The items made can count towards your K Certificate****

Held at Ringwood Horse & Pony Club
Quambee Reserve, Wonga Road
North Ringwood. Melway Reference 36 A 11

****You must book – so that we can purchase the rope required****

Bookings & Enquiries – Kerry Hill 9722 1416

Horse First Aid

The First Aid Kit Recognising Lameness

**Talk by Lindsay Williams
And
Melissa Meehan**

**On
Monday 24th November**

**Held at Ringwood Horse & Pony Club
Quambee Reserve, Wonga Road
North Ringwood. Melway Reference 36 A II**

****Please put your name on our list – \$5.00 Door Fee****

Bookings & Enquiries – Kerry Hill 9722 1416

- **This talk will be great for all those people sitting their C* Exams or doing their K certificate.**
- **Suitable for all people with an interest in horses, not just pony club people**

Keeping up

We want all of you to be able to complete your C Star or K Certificate, and be working towards your B Certificate, within the next twelve months. This is not an impossible task, in fact if you read through the Syllabus of Instruction and "K" Test notes, you will probably find that you are already able to pass some of the requirements. All you now need to be is COMMITTED, and set yourself some dates to complete various goals.

Your instructors at Pony Club have been trained to help you achieve these goals. Here are some guidelines to help you:

- Have your K Certificate or C Star Notes with you at all times - events and Pony Club.
- HAVE YOUR OPTIONS SHEETS AVAILABLE TO BE SIGNED, such as at jumping competitions, after pace work at pony club, and when helping a course designer.
- Find out who else is doing their Certificates and see if you can share the cost of Examiners, Private Instruction and Books. It does add up!
- Buy a copy of K Certificate Sheets, and all the Pony Club Manuals (about \$30, assuming that you already have a copy of the Dressage Tests booklet). Read them, so that you do know all the rules.
- Volunteer to help at Pony Club and Competitions, from gear checking, to pencilling, and have your K certificate sheets to be filled in.
- Keep a diary of all your Horse Events, your results and (horrors) any veterinary requirements.
- Keep an expenses book, so that you can knowledgeably talk about costs - including feeding, worming, rugs (new and repairs), agistment and competition fees. Pretty Scary!
- START TO FILL IN YOUR K CERTIFICATE SHEETS, ESPECIALLY THE COMPULSORY SHEETS. Have your Instructors read over them, so that they can help you do a great job.
- START READING YOUR PONY CLUB MANUALS, So that you will find exams easier.
- Attend any Clinics, Special Evenings, etc, (if you can afford them) and talk to riders from other clubs so that you can share ideas, hints, etc.
- HAVE A SPECIAL BOOK OR FOLDER TO KEEP ALL YOUR CERTIFICATE NOTES IN. Keep plenty of notes. Don't leave your work for another day - You will forget what to do. If you fail anything, redo the work ASAP.
- Have a parent or instructor as your Mentor, to keep you hard at work!